

PS 2.2

**SECURING THE FUTURE OF HEALTH AND WELL-BEING FOR ALL AT ALL
AGES: SUSTAINABLE FINANCING SOLUTIONS**

| BACKGROUND

The global health landscape continues to evolve, presenting new challenges and opportunities due to demographic transitions and regime changes, including ageing populations, urbanization, and migration. The recent geopolitical context further complicates this scenario, influencing domestic resource allocation, financial and technical support from leading donor agencies, and the stability of multilateral systems worldwide. These shifts demand transformative approaches to sustainable financing to ensure that health systems remain robust and responsive to evolving health and care needs.

With only five years left until 2030, addressing the multifaceted aspects of health financing systems is imperative, ensuring that resources are effectively mobilized, allocated, and utilized to achieve universal health coverage (UHC), other health-related sustainable development goals (SDGs), and other global health commitments, including the UN Decade of Healthy Ageing. This session explores strategies for reorienting financing and service delivery around a life course approach, building systems that can equitably pool risks, improving resilience to external shocks, and aligning public investment with evolving population needs and social goals.

| OBJECTIVES

- Examining how demographic shifts, particularly ageing populations, changing employment patterns, and urbanization, challenge the sustainability of domestic health financing systems.
- To explore how a life course approach can inform strategic priority setting and resource allocation across different age groups and the population's health needs.
- To identify country experiences and innovative strategies for core health financing functions (i.e., revenue raising, pooling, purchasing, benefit design) that enhance financial sustainability, equity, and responsiveness to health and care needs across the life course.
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Panelist

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Dr Cynthia Chen is a public health economist and Assistant Professor at the Saw Swee Hock School of Public Health, National University of Singapore (NUS). Her research focuses on the economics of ageing, healthcare financing, and health system innovation. She has led several large-scale health economic evaluations and simulation studies, which project chronic disease burden, healthcare spending, and the long-term impact of preventive interventions. Dr Chen works closely with government agencies in Singapore to provide economic evidence for policy decisions, including evaluations of national programmes such as the National Steps Challenge. Her work spans real-world evidence generation and the use of econometric and modelling methods to inform health policy and resource allocation.